

Recyclable if sorted
by type of garbage
Non-recyclable trash
if disposed altogether



How to correctly separate garbage and recyclable items

Fiscal
2025

Please keep this in easy to reference location Please check the pamphlets for the proper way to dispose of garbage and recyclable materials

Burnable garbage

Twice a week
Designated pickup point in
your district



Please put the garbage
into the designated bags
which have certified stamps

- Plastic products
- Papers
- Disposable diapers
- Small wooden goods, wooden boxes
- Leather goods
- Ski or snowboard boots
- Cassette tapes, MDs, CDs
- Clothing, cloth
- Tin foil
- Kitchen garbage
- Extras

Tie in bundles and
put a garbage sticker.

Please put a 45yen certified
sticker on each container.
Up to 3 container on each
disposal day

Bedclothes, carpets,
mattress

Electric objects are classified as metal objects.
We can not collect objects with springs.

Boards, garden shrubs

Disposable plastic containers

Once a week
Designated pickup point in
your district



Please put garbage into
the designated bags

Plastic containers and
packaging carrying this
mark are the subject
Please clean

Packages with
unremovable residue
are Burnables

Tubes, small bags,
instant food bags,
natto packaging

Fully cleaned packages
are recyclable plastics.

Bottles

Net

Tray

White foam trays are
"Other Recyclables"

Caps, pacs

Caps

Grocery bags

Styrenefoam support
packaging

The thing which is not in the bag
bundles it up, and please tie it up
Up to 80cm x 30cm

Do not use packing tape to tie.
Certificate sticker unnecessary

Metal utensils

Twice a month
Designated pickup point in
your district



Please put garbage into
designated bags

Small home appliance

Batteries are
"harmful wastes
(Recyclable items)"

Aluminum cans

Steel cans

Spray cans

Kitchen goods

Kettles, pots

Umbrellas

Knives, kitchen
knives

Wrap tightly with string

Electric blanket

Electric heated carpets

The other recyclable materials

Once a month Community centers, etc. in your district

PET bottle

- Pay attention to the mark
- Remove caps and labels
- Rinse with water
- Crush as much as possible
- Put in the mesh bags at
your designated pick-up point.

Caps and labels are
recyclable plastics

Let's use the supermarket disposal sites



Lightly coloured styrenefoam trays

Non-foam regular plastic
trays and colored foam
trays are "Plastic Packagings".
Natto containers are "Burnables".

Please put it in the
bag at the disposal site

Let's use the supermarket disposal sites



Old paper



Remove plastic
and metal parts.

Please make large bundles of similar size
and wrap with string in a cross

Put small pieces of paper in a paper bag
before tying.

Please use the collection system at stores such as supermarkets and local elementary and middle schools

Drink cartons

Burnable if inside is lined with foil

Cut open, wash and dry

Please put them in the net bags at
the disposal site

Magazines, paper

Magazines, books, leaflets, poster boards,
wrapping paper, printer paper, paper boxes

Paper with leftover smell,
pressure seal forms, photos,
waterproof paper and receipts are
"Burnables".

Please make large bundles of similar size
and wrap with string in a cross

Put small pieces of paper in a paper bag
before tying.

Please use the collection system at stores such as supermarkets and local elementary and middle schools

News papers

Crosstie with a string.

Bundle newspaper inserts
with newspapers.

Cardboard

Cardboards with
corrugated paper
inside only.

Tie in bundles with a string or
packaging tape.

Bottles

Glass, heatproof glass and cracked items are
"landfill waste".

Caps can be either plastic
or burnable garbage

Plastic label to be removed
and handled as "plastic garbage".
(Paper label need not be removed.)

Pop can tabs depend of
the metal

Clear

Brown

Other colours

Please clean

Sort them by colour

Sort bottles by color even when broken

Return them to the point
of purchase

Beer, sake, milk, and
soft drink bottles
(Returnable
glass bottles)

Please check with the
shop where they were
purchased for information
on how to recycle these returnables.

Oversized garbage

Burnable
garbage

Wooden furniture, tatami mats, etc.
Please scrap furniture into as small pieces
as possible.

Occasional large quantities of
garbage, such as when moving

Large amount of garden trees
Diameter not more than 12cm
No construction waste or untreatable waste.

If you are bringing in wood or carpet that needs to be crushed,
please make sure it is no longer than 2m50cm in length.

Non-burnable
(Metallic)
garbage

Home appliances
(Except TV, refrigerator, computer, etc.)

Baby buggy, car seat

Bicycle, steel desk, skis, other
metal products

Apply and carry in to:
Tel. 22-7074

Open
Hours

From Monday to Friday AM8:30~PM4:30 (Until 3:00pm things that require breaking)
Saturday AM8:30~PM0:00 (-11:00am if your waste needs crushing.)
Except holidays and 12/30~1/3.

Carry in to Higashiyama
Clean Center.

Service fee

Landfill garbage

Once a month
Designated pickup point in
your district



Please put the garbage into
the designated bags which
have certified stamps

Japanese tea
cups and stone
bowls

Hazardous
materials
(Needles,
lighters, etc.)

PVC pipes and boards

Glasses and glass plates

Glass

Clay pots

Vases

Ashes from cooking
and heating

LED bulb

Recyclable items collected on the designated dates

Twice a year
Details will be posted on the
official website of Nakano City.

Pottery and porcelain

Limited to tableware

Broken ones are
also accepted.

Used tires

With or without wheels

Used batteries

Flourent bulbs

Mirrors

Liquid based
thermometers

Yellow bulbs

Flourent bulb
chargers

Small size rechargeable batteries

Button cell batteries

Used batteries

Flourent bulbs

Mirrors

Liquid based
thermometers

Yellow bulbs

Flourent bulb
chargers

Small size rechargeable batteries

Button cell batteries

Recyclable items collected on Sundays

Once a month
(Closed from December to February.)
The parking lots of supermarkets in the city.

Objects that can be collected are determined.
Please bring back if the garbage cannot be collected.

PET bottles/Bottles/
Old paper

Hard plastic products

Old clothes

Used cooking oil

Plant-derived liquid oils

Garbage from business
places cannot be collected.

Used batteries

Flourent bulbs

Mirrors

Liquid based
thermometers

Yellow bulbs

Flourent bulb
chargers

Small size rechargeable batteries

Button cell batteries

Used batteries

Flourent bulbs

Mirrors

Liquid based
thermometers

Yellow bulbs

Items the city collection system cannot handle

Please consult with the item dealer or a waste disposal company.

Paint, chemicals, etc.

Used oil

Bathtubs

Items belonging to Industrial
Waste

Home medical waste including
syringes and needles, etc.

Gas canisters

Containers for agricultural
chemicals, powerful medicines
or poisons, or pesticides

Couches

Pianos, organs

Spring mattresses

Automobiles

High-pressure gas
containers, etc.

Agricultural machines
and tools

Cellular phones

Fire extinguishers

Contact Fire Extinguisher
Recycling Promotion
Center for information about
recycling a fire extinguisher.
TEL 03-5829-6773

You are required by law to return the following electrical
appliances to their maker for proper recycling.

Air conditioners

Refrigerators, Freezers

Washing machines

Clothes dryer

Computers

These items should be returned to their maker for proper disposal.

http://www.pc3r.jp/

